

# BP10 ALCOHOL LAWS

## THE WILDCARD SYSTEM

BP10



*Perfect Practice* = doing the same 'right' thing over and over again.

*10 Weeks* – Employ the Wildcard System, or, make it a Dry Period!

*Variations'* – No, it's the WildCard System!

**Duration:** 10 Weeks.

**Action:** Are you permitted to drink a maximum 3/7 evenings. Ideally, a break of day between drinking is best.

**Volume:** 2/7 @ 2 standard drinks, only! 1/7 @ 4 standards drinks only!

**Wildcard:** If you chose to drink, you play a wildcard! You do not store them up week to week!

**Choice:** Ideally, for the most part, I'd like you to limit beer! Wine is better! However, beer is OK!

*That's it!*

*And mark your wildcard in your score sheet!*