

Fitness Assessment Report For:

PETER PARKER



Provided By:
Brad Pamp
Balance Health Programs

608/155 King, St
Sydney, NSW 2000

Phone: 0412 487 034

bp40plus.com.au

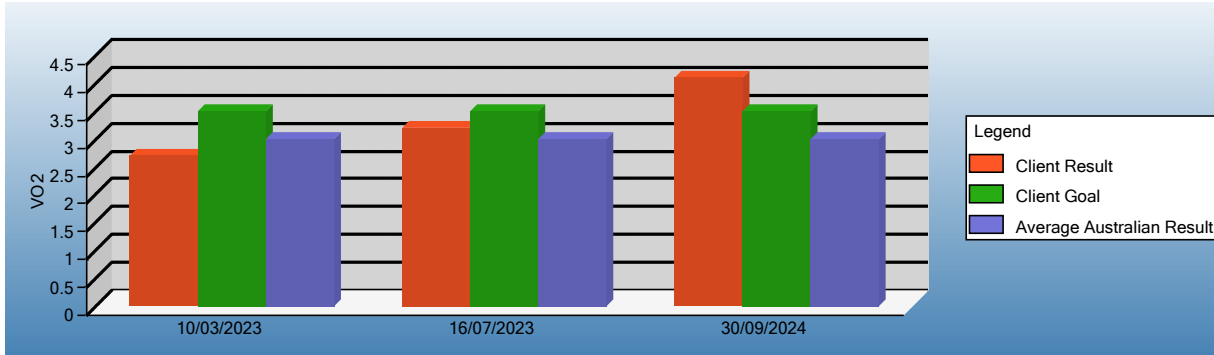


Test Summary

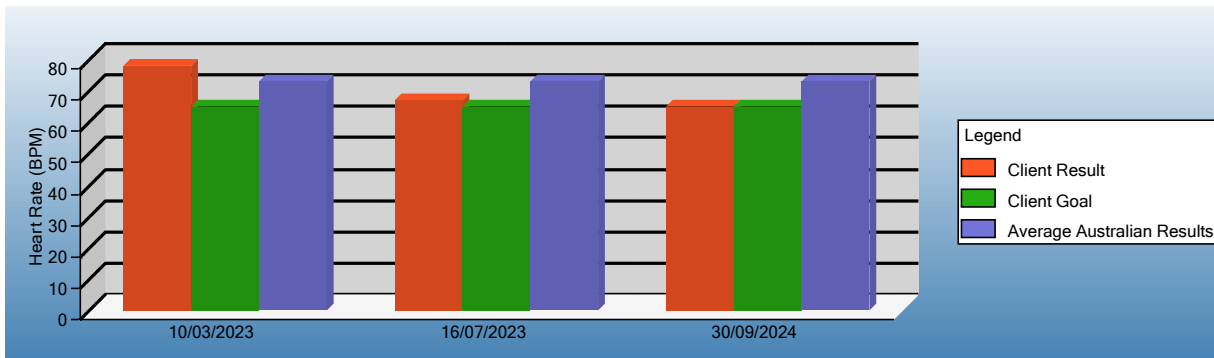
Client Name: PETER PARKER

Client Id: 604

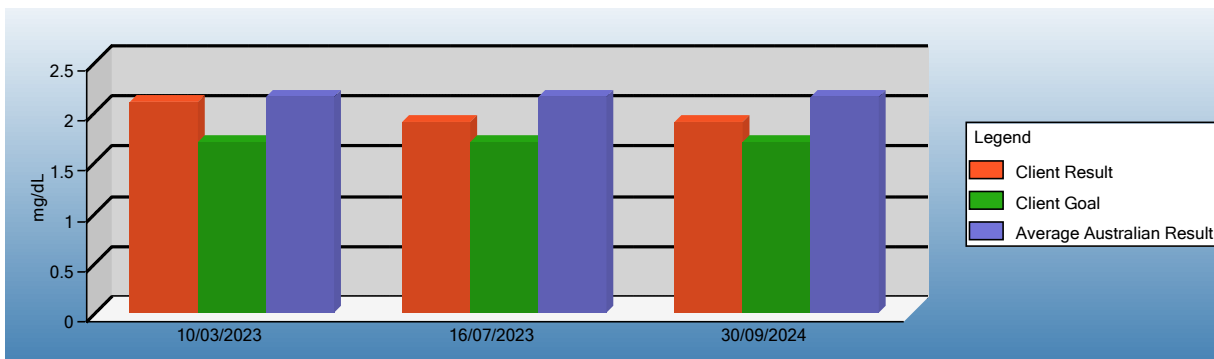
LUNG FUNCTION



RESTING HEART RATE



TRIGLYCERIDES



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Consult a qualified health professional before starting any exercise and/or nutrition program.
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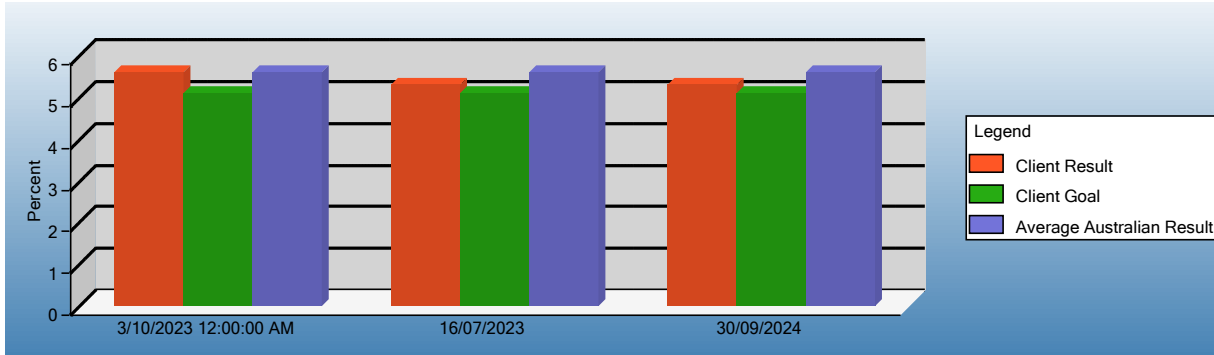


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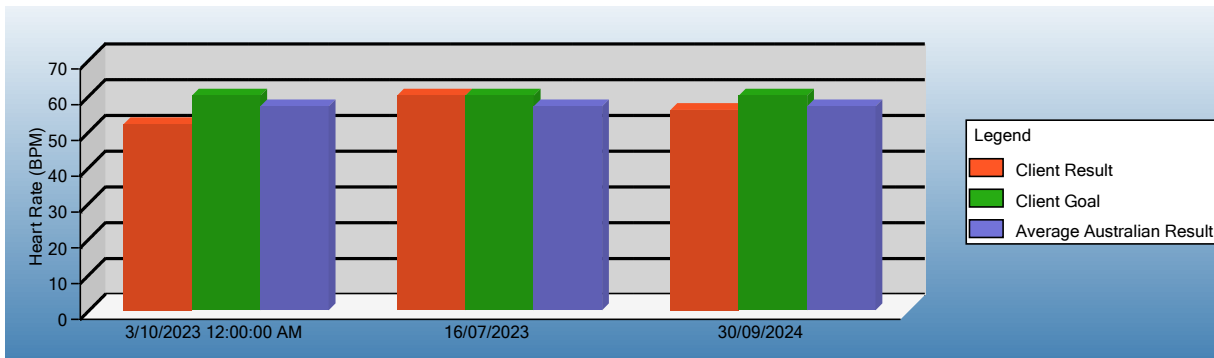
Client Name: PETER PARKER

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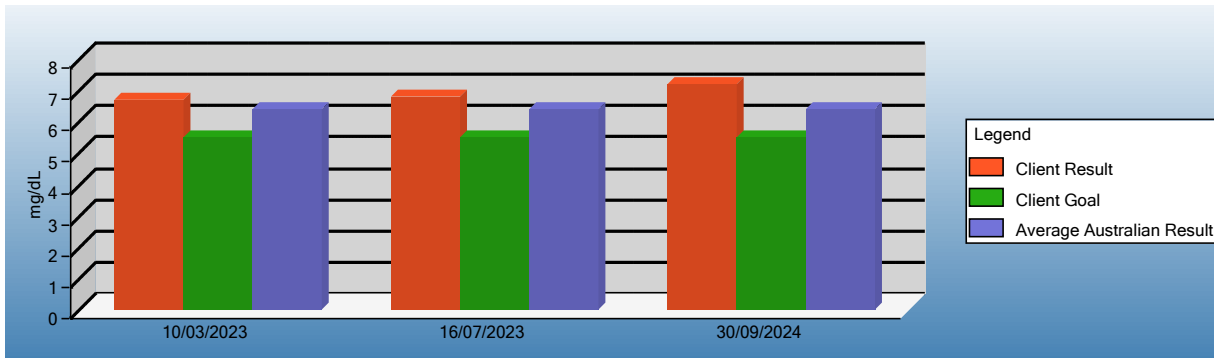
HbA1c BLOOD HAEM/ SUGAR%



HRV - HEART RATE VARIABILITY



URIC ACID



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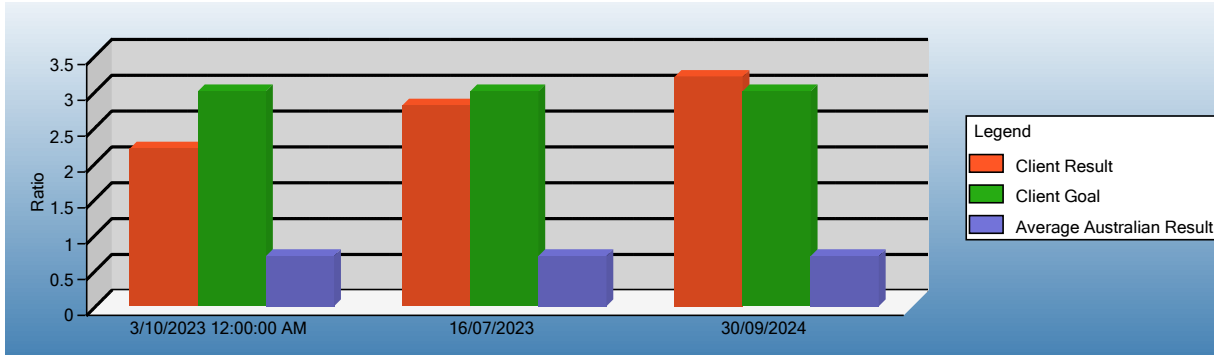


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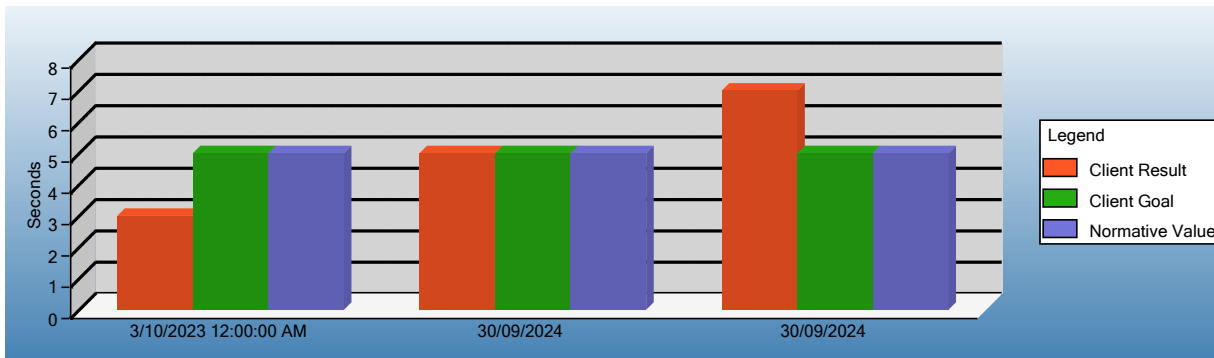
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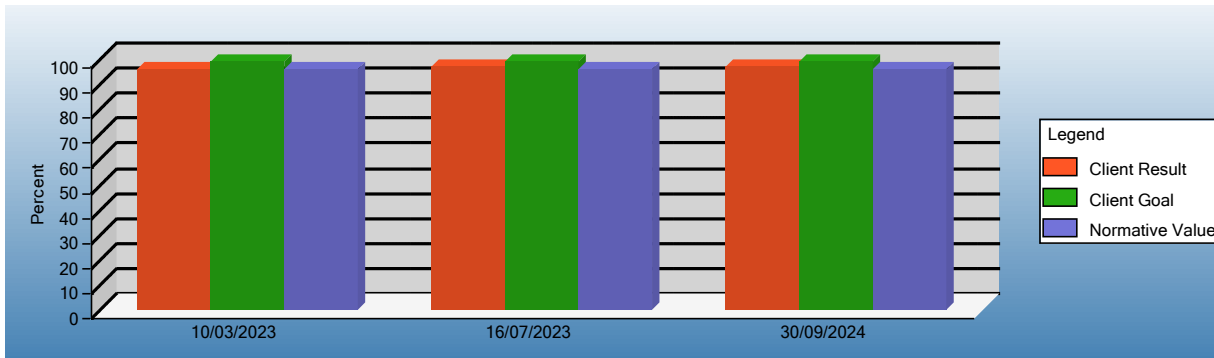
BREATH KETONES



INHALATION EFFICIENCY



BLOOD O2 SATURATION (SpO%)



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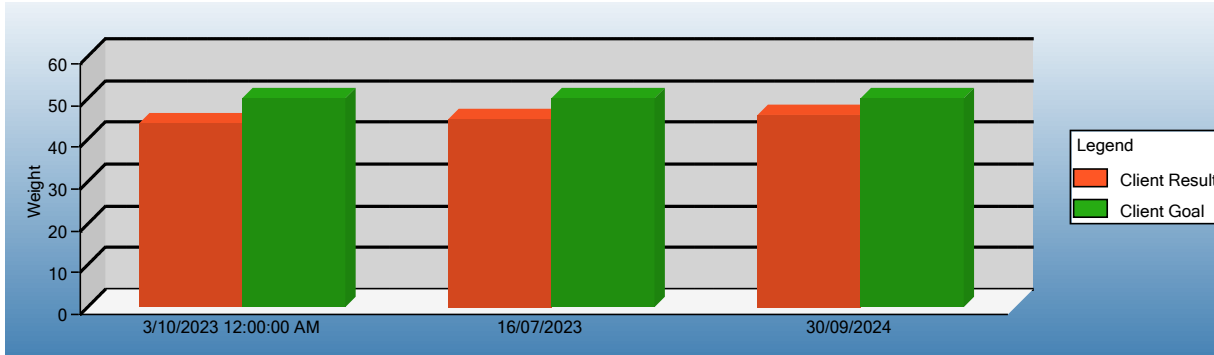


Test Summary

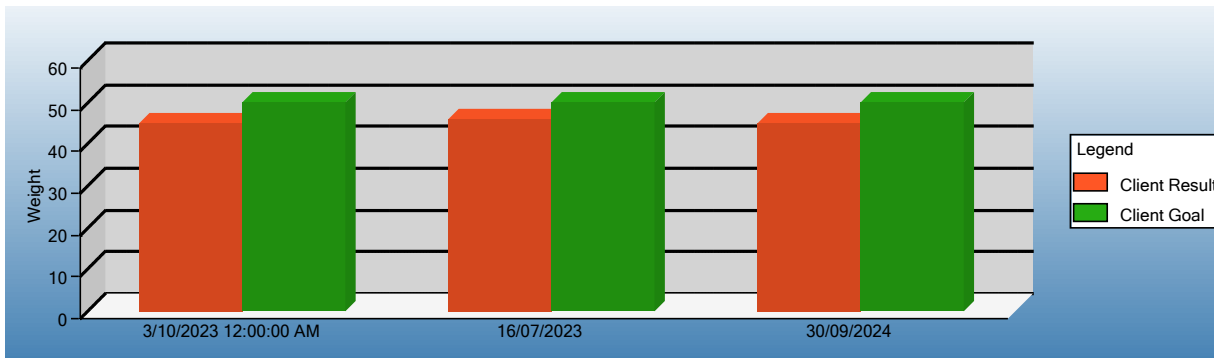
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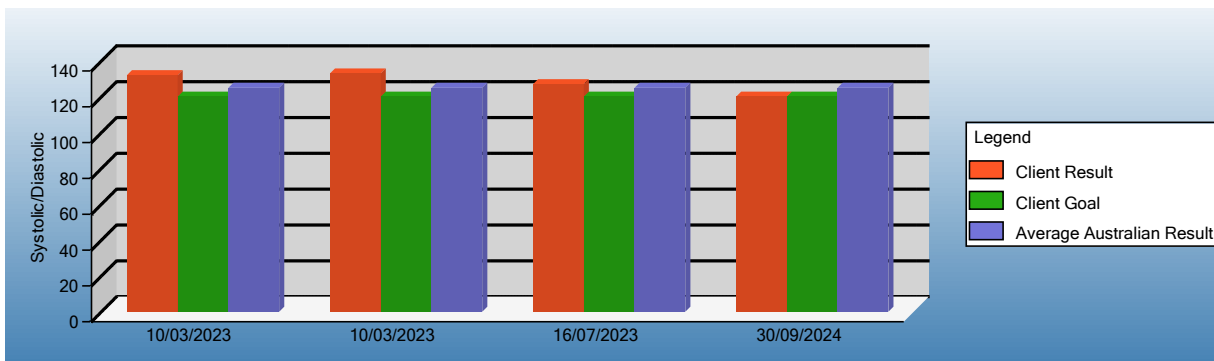
Strength - Grip Test (Left)



Strength - Grip Test (Right)



BLOOD PRESSURE



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